



**BANBURY STAR**  
— CYCLISTS' CLUB —

## **Minutes from the April 2019 Quarterly Meeting**

**Date:** Tuesday 30th April 2019

**Location:** Wroxton Sports Club 1930

**Present:** Paul Dean, Roger Gollicker, Bill Ord, Moira Goodway, Lee Heron, Mark Holman, Mel Seale, Vince Pople, Mike Gillett, Dave Pittman, Andy Perry, John Tustian, Darrel Faulk, Rich Collier,

**Apologies:** Oli Wight, Mark Boyles, Matt Sleath, Dave Speck, Stuart Quick, Sam Wootton

1) Adoption of the minutes from the February 5<sup>th</sup> 2019 quarterly meeting

Proposed: Bill

Seconded: Roger

2) Matters arising

### **3) President's introduction**

Thank everyone for coming

I'm sure most of the club members will have heard of the sad passing of Laurie Allitt, a true legend of Banbury Star who served as Ride Secretary for over 40 years. His funeral is on Thursday afternoon at Banbury Crematorium and the family have asked for club members to accompany the hearse on the short trip from Church House on our bikes. Meet at 1.20pm.

We've enjoyed a successful start to 2019 with Hardriders delivering on both its name and promise of a hard time trial and then the truly hard took part in our Spring Reliability Ride experiencing some very challenging weather conditions.

Whilst we have had to cancel some club rides due to weather, it's reassuring that members continued to support our weekend outings over the winter months. The better weather will hopefully tempt a few more riders out of hibernation.

My thanks go to the 16 Banbury Star riders who represented their club by entering the Stratford CC Open 10 and I look forward to seeing more of you taking part in more Opens in the coming weeks and months. The road race riders have also been putting in some solid performances too.

Ila has been getting stuck in to her new role as the Women's Representative on the committee with the inaugural women's ride taking place last month and Monday evening chain gangs being well attended. Thanks must go to Lydia for running these sessions and showing us what youth can do.

We've got an exciting summer of events planned, as always we'll never turn down the offer of help to run these and maintain the high regard that Banbury Star is held in.

#### **4) Notices by Club Secretary**

We have accepted the invite from Banbury Town Council to take part in the People's Park Centenary Parade on the morning of Saturday 14<sup>th</sup> July. Banbury Star were present at the 1919 opening so it's fitting we take part 100 years later. The procession is to be led by a Fine Lady on a White Horse (a real one!), starting at the Town Hall, going up the High Street, round the Cross and into the park via West Bar. There's a fete afterwards in the Park where the club will have a stall to promote what we do.

Invite received from Banbury Institute of Driving Instructors to come to one of their meetings and discuss the perils of being a cyclist on the roads in and around Banbury to help the instructors pass on this knowledge to their students and hopefully create a safer environment for all road users. The meeting is at Cromwell Lodge on 4<sup>th</sup> June at 7.30pm and I'll attend and they've invited a guest if someone else wants to come along?

Complaint on FB regarding parking on Bretch Hill road close to the 20k finish line. We are looking into the use of Drayton school for parking for all competitors as Ludlow Drive is now being swamped with those taking part in our time trials and we need to remain good neighbours.

#### **5) Membership status by Membership Secretary: Rich Collier**

150 members  
27 new for 2019  
3 HLM  
33 for TTs  
Senior 8  
junior 6  
Student 4  
Female 34

Should we incentivise 2020 membership with an early bird scheme? RC to look into feasibility.

#### **6) Financial status by Club Treasurer: Matt Sleath**

Remove the £20 club kit refund for new members proposal by Matt Sleath.

Agreed, will need amendment of the constitution.

#### **7) Welfare status by Welfare Officer: Dave Pittman**

Leaflet produced for new members on safeguarding policies, this will now go for printing.

## **8) Press reports by Press Secretary: Roger Gollicker**

6 reports in the BG this year.

Road Race preview to be written in the BG with some good photos.

Race reports to be sent direct to Roger from weekend events.

## **9) Club rides by Ride Secretary: John Tustian**

Group riding continues to improve

Communication from back to front needs improving. Middle riders to be more vocal

Quarter 1 2019

GC 12 down from 13

Int 8 down from 12

Fast Int 6

Sunday Int 9 down from 12

GC riders stepping up to the Int ride worried about the pace. Depends on weather, terrain, temperature, groups

Could riders switch at the cafe if they found the Int ride too fast and revert back to the cafe ride?

Darrel to look into the possibility of radios

Sat 11th May, no GCR ride leaders, who can lead. Ila and Paul to help.

Some coffee stops have reduced the size of their portions whilst increasing the prices. The club shouldn't go back to these stops if this is their policy.

## **10) Report from Women's Representative: Ila Pearson**

Sunday women rides need a leader, no leader in May.

Chain gang is popular, 6 or 7 have been going

## **11) Time trial status by TT Secretary**

Club TTs

Parking for upcoming TTs: Tysoe 10 Oli has agreement we can part at the Natural Burial Ground just along from the start line. Highly inadvisable to park in the village.

Open TT

NOA Pavilion booked for 31<sup>st</sup> August 0900-1300

Reserve set of 1-120 numbers ordered

Women's OVO Tour

Proposed we run a hill climb time trial on the day the 2019 OVO Women's Tour finishes at Burton Dassett on our KH5 course (Tour finish is well beyond ours).

## **12) Rising Stars update.**

Start of the year dogged by bad weather, rain and cold which has impacted on the regulars, we attract approx 8 per session.

Need more coaches if we are to put on two sessions per month. Matt Sleath has volunteered to be a coach.

Possible change of location moving to 7th heaven cafe, using the golf course. It's flat and there's also a possible cyclo cross course. Waiting for permission from the land owner to see if this is viable.

Rich to send an email to all the club members asking for volunteers to become coaches.

## **13) Race squad status by Race Secretary**

Road racing

- Slow start to 2019 with loss of a few riders and a few that decided it's not for them

2018 48

2019 22

- Race cancellations and poor weather hasn't helped
- We've drawn in a few new riders to the club as they feel they club is serious about racing
- Big push for BSCC RR - ideally 10 racers
- Youngsters have been crit racing, look to expand on this further with rising stars

TT

- Very active start to 2019 with big increase in numbers:

2018 12

2019 47

- Silverstone big blow to the season
- Leiden plaque
- Junior racing WOTG, re started

Racing calendar

- Has been a big asset, good point to when people enquire about races
- Mike G has been helpful with local RR of interest
- Highlighted races are also sent via email, thanks to Roger
- Other local clubs copying the 2018 model to promote racing

Training

- Race bootcamps low numbers
- Nutrition still looking at getting a talk
- Areo visit waiting on silverstone to open
- Chain gang - thank you to Jonnathan ward, reasonable numbers plus ladies
- Pilates has been taken up by Katherine Latham

Youth race shirts - like to get a stock of junior shirts for any of the youngsters to borrow.

## **14) Road race preparation including volunteering**

Meeting as part social night.

## 15) Club ride survey results

Thanks to Andy Perry for doing some Excel mental arithmetic of all the responses we had to the recent ride survey.

Here are some highlights:

46 responses. 39 male, 6 female, 1 didn't say

I feel supported and part of the club whilst on a ride. 81% agreed

Fast = 83%

LINT = 81%

INT = 74%

GCR = 85%

I would recommend the club rides to a non-member. 92% agreed

Fast = 92%

LINT = 88%

INT = 93%

GCR = 96%

The coffee stops offer value for money. 65% agreed

INT = 67%

GCR = 63%

The duration, distance and average speed is appropriate. 73% agreed

Fast = 83%

LINT = 75%

INT = 69%

GCR = 65%

The ride briefings are informative and an important part of the ride. 74% agreed

Fast = 75%

LINT = 69%

INT = 70%

GCR = 81%

The ride information publicised before the ride is sufficiently detailed for me to choose a ride. 93% agreed

Fast = 92%

LINT = 94%

INT = 93%

GCR = 93%

The rides are challenging and help improve my cycling skills and/or fitness. 62% agreed

Fast = 83%

LINT = 69%

INT = 50%

GCR = 46%

The rides are well led and I consider my welfare is managed. 71% agreed

Fast = 75%

LINT = 69%  
INT = 58%  
GCR = 81%

We also had a lot of comments and positive/negative feedback which have been grouped as follows:

### Group Skills

Organise another group riding skill session  
Some choose to freewheel when they should be pedalling impacting the rider behind  
Not pointing out and calling potholes  
Not wanting to do pacelines  
More varied rides, e.g. longer, new coffee stops, more taking their turns on the front not just the ride leader

### Mechanical

Organise another simple session focussing on bike maintenance

### Mudguards

A grey area, post on Facebook if they are required or not  
I don't want to put mudguards on my bike  
Non-mudguard riders should be able to join a ride but stay at the back

### Ride Leaders

More thought required as to who gets appointed as Ride Leaders and avoid the politics and friction  
Need more of the Ride Leaders to step up and lead the rides properly, some are too quiet  
Ride Leader fitness not sufficient, ride leaders should be able to ride the next level up  
More communication as to who is leading, maybe on Facebook?  
Reduced/free membership for Ride Leaders who've done a certain amount of leading as a thank you and incentive to others  
Combining the Fast and Long Intermediate ride became a "free for all" with regards to pacing and splintering  
A lack of collective responsibility from some riders on a ride is seen. The Ride Leaders need help and support from the whole group

### Technical

Walkie-talkies for ride leaders?  
Which way does the route go when leaving Broadribbs  
Publicise via email the weekend rides for those not on Facebook

### Other points

Update the ride descriptions to more accurately reflect the rides, maybe add more information about the climbs  
Additional Ride and earlier start  
Breeze sessions

## **16) Social events planned in 2019**

Skittles night to be organised in Hook Norton instead of the June social night. June 6th

Club BBQ: 16th or 17 August pig roast. Ila to identify a location.

Annual Dinner to take place at Hook Norton Brewery. Sat 30 November

Post-OVO tour drinks at the Falcon

## **17) Club kit - Dave Speck**

Here is a bit of information concerning the current Endura order and stock.

The order is in the system having been printed and heat pressed. It is still to be cut and sewn. It is still on schedule to be delivered on 23rd May.

I had ordered some stock, the 2 women's jerseys have already been reserved/bought. We currently have the following stock

Men's jersey's

1 x Small

1 x Large long sleeve

From the 24th May we will additionally have the following in stock

2 x Medium Men's jersey's

2 x Large Men's jersey's

I had posted a note about bib shorts on FB. So far I only have 3 confirmed people wanting them. They are £84 inc VAT. Anyone else interested to make it the required 5 pieces?

Lastly from the current order we have a discount of £161. Would it be sensible to use this to buy 5 kids jerseys for juniors to use in races? Of course the £161 would only cover 4.6 jersey's - I'm sure the club could cover the extra £14 to make it 5. If agreed guidance on sizes would be needed.

## **18) AOB**

BSCC Strava group - should this be limited to paying members of BSCC? Yes.

Purchase of club branded gazebo

## **19) Date for next meeting**

Tuesday 6<sup>th</sup> August 1930